

Contents

Overview	2
 APPOINTMENT & RECORD TIPS (IMPORTANT FOR SSA)	2
PRIMARY CARE / COMMUNITY HEALTH CLINICS (ILLINOIS)	3
Chicago Family Health Center – Roseland	3
TCA Health Inc.....	3
ACCESS Gary Comer Health and Wellness Center	3
Old Irving Park Community Clinic (<i>Free Clinic</i>)	3
MENTAL HEALTH PROVIDERS & COUNSELING (ILLINOIS)	3
Roseland Mental Health Center	4
Metropolitan Family Services – Calumet Center	4
NAMI Chicago	4
Sage Stone Counseling	4
Astute Counseling & Wellness Services	4
Bergen Counseling Center.....	4
PUBLIC BENEFITS / RESOURCE ACCESS (ILLINOIS)	4
Illinois DHS Family Community Resource Center – Roseland	4
EMPLOYMENT & VOCATIONAL SUPPORT (ILLINOIS)	5
CareerOneStop	5
Illinois Department of Human Services – Division of Rehabilitation Services	5
IMPORTANT NOTES FOR CLIENTS (EMPLOYMENT & SSA)	6

Overview

Purpose:

This file is provided to individuals who were **incarcerated in Illinois** or who may need to **access Illinois-based services or records** during reentry, benefits coordination, or SSA disability claims.

APPOINTMENT & RECORD TIPS (IMPORTANT FOR SSA)

- Call ahead to confirm acceptance of new or uninsured patients
- Ask about **sliding scale**, Medicaid, Medicare, or CareLink
- Bring ID, medical history, medication list, and SSA/SOAR documents
- Request **written or electronic visit summaries** — these are valuable for disability claims

PRIMARY CARE / COMMUNITY HEALTH CLINICS (ILLINOIS)

Chicago Family Health Center – Roseland

- **Services:** Primary care, preventive care, chronic disease management, behavioral health referrals
- **Address:** 120 W. 111th Street, Chicago, IL 60628
- **Phone:** (773) 995-3300
- **Website:** <https://chicagofamilyhealth.org/locations/roseland-health-center/>
- **Services:** Primary care, family medicine, community health services
- **Address:** 570 E. 115th Street, Chicago, IL 60628
- **Phone:** (773) 785-2314
- **Website:** <https://chicagofamilyhealth.org/locations/pullman-health-center/>

TCA Health Inc.

- **Services:** Primary care, behavioral health, preventive services
- **Address:** 1029 E. 130th Street, Chicago, IL 60628
- **Phone:** (773) 995-6300
- **Website:** <https://www.tcahealth.org/>

ACCESS Gary Comer Health and Wellness Center

- **Services:** Primary care, mental health, wellness services
- **Address:** 7200 S. Ingleside Avenue, Chicago, IL 60619
- **Phone:** (773) 358-6000
- **Website:** <https://www.accesscommunityhealth.net/locations/access-gary-comer-health-and-wellness-center>

Old Irving Park Community Clinic (*Free Clinic*)

- **Services:** Free medical care for uninsured individuals
- **Address:** 5425 W. Addison Street, Chicago, IL 60641
- **Phone:** (773) 427-0298
- **Website:** <https://www.oipcc.org/>

Cook County Health CareLink

- **Services:** Financial assistance and primary care access for uninsured Cook County residents
- **Website:** <https://cookcountyhealth.org/for-patients/carelink/>

MENTAL HEALTH PROVIDERS & COUNSELING (ILLINOIS)

Englewood Mental Health Center

- **Services:** Outpatient mental health services through CDPH
- **Address:** 641 W. 63rd Street, Chicago, IL 60621
- **Phone:** (312) 747-7496
- **Website:** https://www.chicago.gov/city/en/depts/cdph/provdrs/mental_health/supp_info/englewood_mental_healthcenter.html

Roseland Mental Health Center

- **Services:** Community mental health services
- **Address:** 200 E. 115th Street, Chicago, IL 60628
- **Phone:** (312) 747-9570
- **Website:** https://www.chicago.gov/city/en/depts/cdph/provdrs/mental_health/supp_info/roseland_mental_healthcenter.html

Metropolitan Family Services – Calumet Center

- **Services:** Counseling, family support, case management
- **Address:** 235 E. 103rd Street, Chicago, IL 60628
- **Phone:** (773) 371-3600
- **Website:** <https://www.metrofamily.org/calumet/>

NAMI Chicago

- **Services:** Free mental health helpline, referrals, crisis navigation
- **Phone:** 833-NAMI-CHI (833-626-4244)
- **Website:** <https://www.namichicago.org/helpline>

Sage Stone Counseling

- **Services:** Therapy for trauma, anxiety, reentry, substance recovery
- **Website:** <https://www.sagestonecounseling.com/>

Astute Counseling & Wellness Services

- **Services:** Individual therapy and diagnostic evaluations
- **Website:** <https://astutecounseling.com/>

Bergen Counseling Center

- **Services:** Counseling and mental health support
- **Address:** 10540 S. Western Ave, Chicago, IL 60643
- **Phone:** (773) 234-1474
- **Website:** <https://www.bergencounselingcenter.com/>

PUBLIC BENEFITS / RESOURCE ACCESS (ILLINOIS)

Illinois DHS Family Community Resource Center – Roseland

- **Services:** SNAP, Medicaid, cash assistance applications
- **Address:** 6201 S. Emerald Dr., Chicago, IL 60621
- **Phone:** (773) 660-1600
- **Website:** <https://www.dhs.state.il.us/page.aspx?item=31588>

EMPLOYMENT & VOCATIONAL SUPPORT (ILLINOIS)

CareerOneStop

Type: National Employment & Training Resource (Online)

Details:

CareerOneStop is a **federally supported workforce platform** sponsored by the U.S. Department of Labor. It provides free tools for job search, career planning, training, and reentry employment support. It is appropriate for individuals **with or without SSI/SSDI benefits** and does **not** require posting a public resume.

Key Features:

- Free job search (local, remote, and national listings)
- Career exploration and skills assessments
- Training and certification search
- Resume and interview tools
- Information on SSA Work Incentives:
 - Ticket to Work
 - PASS (Plan to Achieve Self-Support)
- Reentry and second-chance employment resources
- Links to local American Job Centers

Cost: Free

Website: <https://www.careeronestop.org/>

Illinois Department of Human Services – Division of Rehabilitation Services

Type: Vocational Rehabilitation (VR)

Details:

The Illinois Department of Human Services (IDHS), Division of Rehabilitation Services (DRS), is the **state's leading agency serving individuals with disabilities**. DRS works in partnership with individuals and families to support **employment, education, and independent living** through informed choice and individualized services.

Services May Include:

- Vocational counseling and guidance
- Employment and training support
- Education and credential assistance
- Assistive technology
- Independent living support
- Coordination with SSA Work Incentives (Ticket to Work, PASS)

Apply Online:

<https://www.dhs.state.il.us/page.aspx?item=29764>

Getting Started / VR Intake Information:

<https://www.dhs.state.il.us/page.aspx?item=29737>

Phone:

- 1-877-581-3690 (Voice)

- 1-866-264-2149 (TTY)
- 1-312-957-4881 (Video Phone)

Cost: Free (eligibility-based)

IMPORTANT NOTES FOR CLIENTS (EMPLOYMENT & SSA)

- Using **CareerOneStop** or **Illinois DRS** does **not** affect your SSI application.
- Employment services can be used **before or after SSA decisions**.
- SSA Work Incentives allow individuals to **explore work safely** without automatically losing benefits.
- Participation in vocational services is often viewed as a **positive effort toward self-sufficiency**, not a penalty.